



In a clean, dry food processor, add 1 Cup Cascadian Farm Oat & Honey Granola.

Add ¹/₂ Cup Sliced Almonds.

Pulse 10-15 times until pieces are smaller than 1/8 inch.



Transfer Granola and Almond mixture to Hobart mixer. Add 1 Cup General Mills Yellow Cake Mix.



Add ¹/₄ Cup Vanilla Whey Protein. Using the paddle attachment, mix on low speed for 30 seconds to thoroughly incorporate ingredients.



Add 2 Tablespoons Coconut Oil.



Add 1/4 Cup Water.



Add **1 Cup Almond Butter.** Using the paddle attachment, mix on medium-low speed until ingredients are thoroughly incorporated.



Mixture should be slightly crumbly but formed together. Total yield should be 1 Pound 10 Ounces (26 Ounces Total). Refrigerate or use immediately.

Power Bites Base Recipe

Shelf Life :: 7 Days Yield :: 26 Ounces <u>Ingredients</u> 1 Cup :: Cascadian Farm Oat & Honey Granola ½ Cup :: Sliced Almonds 1 Cup :: General Mills Yellow Cake Mix ½ Cup :: Vanilla Whey Protein 2 Tablespoons :: Coconut Oil ¼ Cup :: Water 2 Tablespoons :: Honey 1 Cup :: Almond Butter

<u>Tools</u>

Food Processor Rubber Spatula Measuring Cups & Spoons Hobart Mixer or Kitchenaid Mixer Digital Scale





Preheat oven to 300 degrees. Add a clean, dry mixing bowl to scale and tare to zero. Add **13 Ounces Power Bite Base** to bowl.



Add **2 Tablespoons Ground Coffee** to Power Bite Base.



Mixture should form together when you press it. Add mixture to scale. Measure out 1 ounce portions using scoop and roll into sphere.



Transfer to Hobart or KitchenAid Mixing bowl.



Using the paddle attachment, mix on medium-low speed until coffee is fully incorporated (about 30 seconds).



Transfer rolled bites to a parchment-lined sheet tray. Bake in 300 degree oven for 15 minutes. Remove from oven and cool. Serve once cooled, or save for later use. Serve two per portion or buffet-style.

Toasted Coffee Power Bites

Shelf Life :: 5 Days Yield :: 13 One Ounce Bites

Ingredients

13 Ounces :: Power Bite Base 2 Tablespoons :: Ground Coffee

<u>Tools</u>

Mixing Bowl Rubber Spatula Measuring Spoons Hobart Mixer or Kitchenaid Mixer Digital Scale Sheet Tray Parchment Paper One Ounce Scoop







Preheat oven to 300 degrees. Add a clean, dry mixing bowl to scale and tare to zero. Add **13 Ounces Power Bite Base** to bowl.



Add **1 Tablespoon Green Tea Matcha Powder** to Power Bite Base.



Add ¹/₂ **Cup Shredded Coconut** to half hotel pan. Measure out 1 ounce portions using scoop and roll into sphere. Coat bites in shredded coconut.



Transfer to Hobart or KitchenAid Mixing bowl.



Using the paddle attachment, mix on medium-low speed until coffee is fully incorporated (about 30 seconds).



Transfer rolled bites to a parchment-lined sheet tray. Bake in 300 degree oven for 15 minutes. Remove from oven and cool. Serve once cooled, or save for later use. Serve two per portion or buffet-style.

Coconut Matcha Power Bites

Shelf Life :: 5 Days Yield :: 13 One Ounce Bites

Ingredients

13 Ounces :: Power Bite Base 1 Tablespoon :: Green Tea Matcha Powder 1⁄2 Cup :: Shredded Coconut

<u>Tools</u>

Mixing Bowl Rubber Spatula Measuring Spoons Hobart Mixer or Kitchenaid Mixer Digital Scale Sheet Tray Parchment Paper One Ounce Scoop



