



# LET'S ~~MEAT~~

Eating one less serving of beef a week can save enough water to fill 10 bathtubs.<sup>1</sup>

*You don't need to wait to make a difference—you can be environmentally friendly today. Now is your chance to Spring Into Action!*



<sup>1</sup><https://www.meatlessmonday.com/research/environment/> A44135