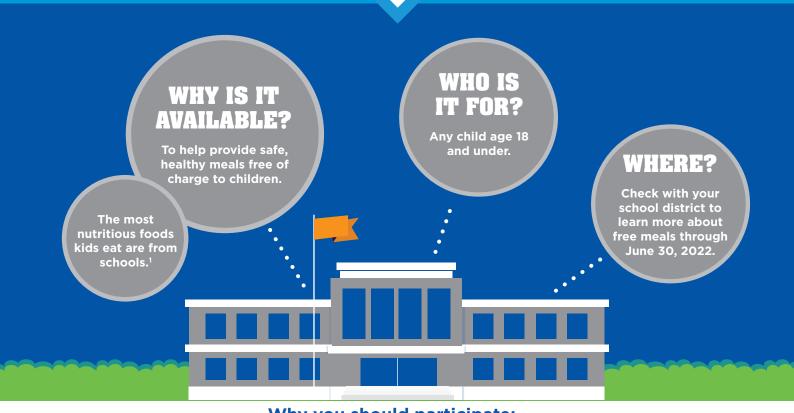
#SupportSchoolMeals

to support your family and your community.



Everything you need to know about free school meals.



Why you should participate:



MORE

FUNDING



Every day, kids rely on school meals for their daily nutrition.2



Ensures the whole school community has access to nutritious meals.

Free meals help lower your grocery budget



and reduce the stress of meal preparation.





YOU GET FREE MEALS FOR YOUR CHILDREN while supporting your community.



Research shows that students who participate in the school meal programs milk, fruits, & during meal times.3

¹ Na M. Disparities in Diet Quality in School-Age Children-Opportunities and Challenges. JAMA Netw Open. 2021;4(4):e215358.doi:10.1001/jamanetworkopen.2021.5358

² https://frac.org/programs/national-school-lunch-program 3 https://www.cdc.gov/healthyschools/npao/schoolmeals.htm