

The infographic is titled "THE WHOLE STORY ON WHOLE GRAINS" in large, bold letters at the top. Below the title is a subtitle "LET'S DIVE INTO ALL THINGS WHOLE GRAINS!" surrounded by small illustrations of various grains like wheat, oats, and corn. The background is a vibrant blue with a repeating pattern of stylized leaves. The layout is divided into several sections: "HEALTHY HEARTS:" with a heart icon, "VITAMINS, MINERALS, AND OTHER NUTRIENTS:" with a brain icon, "ENERGY SOURCE:" with a running person icon, and "FABULOUS FIBER:" with a fiber icon. Each section contains descriptive text and a small illustration. To the right, there's a vertical column of text: "NOW, WHY IS ALL THIS IMPORTANT?", "WHOLE GRAINS ARE AN IMPORTANT PART OF A HEALTHY DIET.", and "LET'S FINISH THE WHOLE STORY:". At the bottom left, there's a box for "TODDLERS & KIDS WHAT'S NEXT" with the text "GRAINS ARE FRUIT SEEDS FROM CEREAL CROPS LIKE WHEAT, CORN, BARLEY, OR OATS. A SINGLE GRAIN PIECE IS CALLED A KERNEL, JUST LIKE A CORN KERNEL!". The bottom right features three numbered circles (1, 2, 3) pointing to a detailed diagram of a grain kernel showing its internal structure: bran, germ, and endosperm.

The infographic is titled "THE WHOLE STORY ON WHOLE GRAINS" in a large, stylized font at the top. Below the title, a sub-headline reads "LET'S DIVE INTO ALL THINGS WHOLE GRAINS!" A central image shows a grain kernel with three numbered circles pointing to its parts: 1. The bran (outer layer), 2. The endosperm (middle layer), and 3. The germ (inner part). To the left, a section titled "WHAT EXACTLY IS A GRAIN?" explains that grains are fruit seeds from cereal crops like wheat, corn, barley, or oats. Another section, "THE PARTS OF A GRAIN:", describes the three parts: bran, endosperm, and germ. To the right, a section titled "WHOLE GRAINS ARE AN IMPORTANT PART OF A HEALTHY DIET." includes a cartoon of a red fire truck and a yellow fire engine. At the bottom, a "NOURISH KIDS for WHAT'S NEXT" logo is shown.

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