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## Recipes

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## DRIVE EXCITEMENT IN YOUR DINING HALL WITH VALENTINE'S DAY-INSPIRED ITEMS, RECIPES AND ENGAGEMENT TIPS.

Students love holidays - but it's up to you to turn that interest into engagement and sales in your dining hall. Start by stocking up on seasonally inspired Reese's Puffs ${ }^{\circ}$,

> featuring heart-shaped pieces.

Already one of the most popular cereals amongst 18-24 year olds ${ }^{1}$ this offering is sure to drive excitement. Keep that momentum going by serving up the creative Valentine's Day
recipes found in this guide.
And finally, check out our quick tips and ideas for holiday-driven student engagement in your dining hall.


TABLE OF Contents
REESE'S PUFFS ${ }^{\text { }}$ CEREAL MILK PANNA COTTA ..... 4
TRUFFLE MOUSSE SLICES .....  6
BLACK FOREST BROWNIE SHORTBREAD BARS .....
BERRYLICIOUS YOGURT BROWNIES ..... 10
CHOCOLATE CAKE WITH PASSION FRUIT CREAM ..... 12
STUDENT ENGAGEMENT TIPS ..... 14

## REESE'S PUFFS ${ }^{\oplus}$

## Cereal Mide Panna cotta



## Reese's Puffso Cereal Milk Panna Cotta

## INGREDIENTS

NAME
Reese's Puffs Bulkpak Cereal Themed Seasonal Variety Whole milk
Unflavored gelatin, powdered Water, cold (approx. $45^{\circ} \mathrm{F}$ ) Brown sugar, packed Salt, kosher

WEIGHT
MEASURE
8 cups
lb 14 oz
4 oz
3 oz

3 3/4 cups $11 / 3$ Tbsp $1 / 2$ cup $1 / 2$ cup $1 / 2$ tsp

## PREPARATION

1. Add cereal and milk to large container: refrigerate $45-60$ minutes.

Strain milk from cereal, pressing to extract liquid; discard cereal and Strain milk from cereal, pressing to

## ASSEMBLY

1. Add gelatin and water to small bowl; allow to soak for 5-10 minutes. 2. Add strained milk, cream, brown sugar and salt to medium saucepan heat, stirring until sugar is dissolved. DO NOT BOIL.
2. Remove pan from heat; whisk in gelatin mixture until fully dissolved.
3. Place pan in ice bath; stir until mixture reaches room temperature and is thickened.
4. Pour 4 oz mixture into ramekins or mason jars; refrigerate until set (approx. 2 hours) before serving

Tip: Garnish with whipped cream and a few pieces of cereal if desired

## NUTRITION INFORMATION

Nutrition values are calculated using the weights of ingredients.

Serving Size: 4 oz portion Calories 280 (Calories from Fat 130)

Total Fat 14g (Saturated Fat 7g. Trans Fat Og); Cholesterol 7 g , Trans Fat Og ); Cholestero
40 mg : Sodium 250 mg ; Total Carbohydrate 34 g (Dietary Fiber 1g, Sugars 21g); Protein 6 g
\% Daily Value: Vitamin A 8\%; Vitamin C 10\%; Calcium 20\% Iron 25\%

Exchanges: $11 / 2$ Starch, 1 Other Carbohydrate, $21 / 2$ Fat Carbohydrate Choices: 2

## Mousse Slices

## Trufle Mousse Slices

Decadent and delicious. Fabulous chocolate mousse is layered between devil's food cakes, and a rich ganache tops it all off.

## INGREDIENTS

NAME
Cake
Water, warm
(approx. $72^{\circ}$ F)
Gold Medaltm Devil's
Food Cake Mix (11112)
Chocolate Mousse
Chocolate chips, semi-sweet
Cream, heavy

## Ganache

Cream, heavy
Chocolate chips, semi-sweet

WEIGHT

3 lb 8 oz
5 lb
1 box

## INSTRUCTIONS

CAKE

1. Prepare cake mix according to package directions. Stop mixer. Scrape
bowl and paddle. Mix 1 minute longer.
2. Divide 8 lb 8 oz batter between 2 parchment-lined full sheet pans (approximately 4 lb 4 oz each).

BAKE
Convection Oven Convection Oven
Standard Oven

Rotate pans baked

Note: Freeze cakes before assembling for better handling

## CHOCOLATE MOUSSE

1. Melt chocolate chips over double boiler on low heat, stirring frequently Remove from heat.
2. Whip cream in small mixing bowl fitted with whip attachment on high
speed until stiff peaks form, approximately 2-3 minutes.
3. Fold whipped cream into melted chocolate slowly, and mix until fully incorporated.

## gANACHE

1. Heat cream in medium-size saucepan to boiling, stirring frequently. Remove from heat
2. Add hot cream to chocolate chips. Let stand 5 minutes. Stir mixture briskly to combine until smooth.

## ASSEMBLY AND FINISHING

1. Turn first chocolate shee cake upside down onto cardboard.
2. Spread mousse evenly Over top of sheet cake.
Place second sheet ont mousse, bottom sid
own.
3. Freeze cake 1 hour
4. Spread ganache onto top of sheet cake. Allow to
set.
5. Slice and serve

NUTRITION INFORMATION
Nutrition values are calculated using the weights of ingredients
Serving Size: 1 Slice Calories:140; Calories from Fat:70;
Total Fat:8g; Saturated Fat: 4 1/2g; Trans Fat:Og; Cholesterol:15mg; Sodium:140mg; Tota Carbohydrate:16g; Dietary Fiber:1g; Sugars:11
Protein:1g;
\% Daily Value*:
Vitanin A:2\%; Vitamin C:0\% Calcium:2\%; Iron:4\%;

## Exchanges

1/2 Starch; O Fruit; 1/2 Other Carbohydrate; O Skim Milk; O Low-Fat Milk; O Milk; O Vegetable; O Very Lean Meat O Lean Meat; O High-Fat Meat; 11/2 Fat;

Carbohydrate Choices. 1 *Percent Daily Values are based on a 2,000 calorie diet.


## Black Forest Brownie Shortbread Bars

Black Forest flavors -- chocolate and cherries -- shine in an easy-to-serve brownie bar topped with vanilla icing

## INGREDIENTS

NAME
Crust
Butter, unsalted, softened Gold MedalTM
Mix (11152)

Brownie
Water, hot (approx. $120^{\circ}-140^{\circ} \mathrm{F}$ ) Gold Medall Chocolate
Brownie (m12)
Pie filling, cherry, canned
Topping
Gold Medal ${ }^{\text {TM }}$ Ready-to-spread
Vanilla Crème Icing (11216)

WEIGHT
MEASURE

8 oz
2 lb 8 oz

## 1 cup

$1 / 2$ box

1 lb 8 oz
6 lb
1 lb
5 oz
3 cups
1 box
$11 / 2$ cups

1/2 cup

## ASSEMBLY AND FINISHING

1. Turn first chocolate shee cake upside down onto cardboard
2. Spread mousse evenly over top of sheet cake
3. Place second sheet onto mousse, bottom side

Freeze cake 1 hour.
5. Spread ganache onto top of sheet cake. Allow to set.
6. Slice and serve

## INSTRUCTIONS

CRUST

1. Place butter and cake mix in the bowl of a mixer fitted with a paddle attachment.
2. Mix on medium speed for 4-5 minutes or until crumbly
3. Press streusel evenly into a parchment lined or greased full sheet pan

BLACK FOREST BROWNIE

1. Prepare brownie batter according to package directions
2. Deposit prepared brownie batter on top of crust and spread evenly.
3. Place dollops of cherry pie filling over brownie batter
4. Swirl filling and brownie batter together by dragging a small spatula or a knife through it.

TOPPING
Heat vanilla icing in microwave until melted. DO NOT OVERHEAT
2. Drizzle icing over cooled bars

## BAKE

Convection Oven* Standard Oven
*Rotate pans baked in convection oven one-half turn ( $180^{\circ} \mathrm{F}$ ) after 14 minutes of baking.

## NUTRITION INFORMATION

Nutrition values are calculated using the weights of ingredients
Serving Size: 1 serving Calories:310; Calories from Fat:100;

Total Fat:119: Saturated
Fat:5g; Trans Fat:Og
Fat:5g; Trans Fat:
Cholesterol:15mg;
Sodium:290mg; Tota Carbohydrate:49g; Dietary Fiber:1g; Sugars:2g; Protein:3g;
\% Daily Value*
Vitamin $\mathrm{A}: \mathrm{O} \%$; Vitamin $\mathrm{C}: \mathrm{O} \%$; Calcium:0\%; Iron:10\%

## Exchanges

1 Starch; O Fruit; 2 1/2 Other Carbohydrate; O Skim Milk, O Low-Fat Milk; O Milk; 0 Vegetable; O Very Lean Meat; O Lean Meat; O High-Fat Meat; 2 Fat;
Carbohydrate Choices:
3 *Percent Daily Values are based on a 2,000 calorie diet.


## Berrylicions Yogurt Brownies <br> Yoplait ${ }^{\circledR}$ Parfait Pro ${ }^{\circledR}$ Lowfat Strawberry Yogurt provides a

 quick-start to the luscious fruity mousse that tops a chocolate brownie cupcake.
## INGREDIENTS

NAME
WEIGHT MEASURE

Yogurt Mousse
Yoplait ${ }^{\text {P }}$ ParfaitPro ${ }^{\text {L }}$ Lowfat Non-dairy whipped topping Strawberries, fresh, sliced

## Brownie Batter

Water, hot (approx. $120^{\circ} \mathrm{F}$ )
Gold Medall Chocolate
Brownie Mix (11312)

## INSTRUCTIONS

YOGURT MOUSSE

1. Add yogurt and whipped topping to large stainless mixing bowl; mix Add yogurt and whipped topping to large stainless mixing
2. Store refrigerated in airtight container until ready to use.

## BROWNIE BATTER

1. Prepare cake version of brownie batter according to package directions.
2. Deposit batter into greased standard muffin pans using \#30 scoop

BAKE

Convection Oven* Standard Oven

8 minutes of baking

## ASSEMBLY

1. Remove brownies from muffin pans; cool completely
2. Add yogurt mousse to a large pastry bag fitted with a star tip.
3. Pipe $1 / 2$ oz (approx. $11 / 2 \mathrm{Tbsp}$ ) mousse onto cooled brownie and place Pipe $1 / 2$ oz (approx. $11 / 2$ Tbsp) mousse onto cooled bro

Finishing Tip: Drizzle with prepared berry topping if desired

NUTRITION INFORMATION
Nutrition values are calculated using the weights of
ingredients.

Serving Size: 1 brownie with topping
Calories:220; Calories from Fat:60;

Total Fat:7g; Saturated Fat:3 1/2g; Trans Fat:Og;
Cholesterol:Omg;
Sodium:170mg; Total
Carbohydrate:36g; Dietary Fiber:1g; Sugars:25g; Protein:3g;
\% Daily Value*:
Vitamin A:O\%; Vitamin C:6\%, Calcium:0\%; Iron:8\%;

## Exchanges

1 Starch; O Fruit; 1 1/2 Other Carbohydrate: 0 Skim Milk O Low-Fat Milk; O Milk; O Vegetable; O Very Lean Meat O Lean Meat: O High-Fat Meat; 11/2 Fat;

Carbohydrate Choices: $21 / 2$ *Percent Daily Values are based on a 2,000 calorie diet.

CHOCOLATE CAKE

## with Passion Frnit Cream



## Chocolate Cake with Passion Truit Crean

A classic chocolate layer cake gets a twist from sweet-tart passion fruit in a creamy filling.

## INGREDIENTS

NAME
Cake
Water, cool (approx. $72^{\circ} \mathrm{F}$ ) Gold Medallm Devil's Food Puree, Pas

Passion Fruit Cream
Cream, Heavy Whipping Unsweetened
Gold Medaltim Ready-to-Spread Puree, Passion Fruit

WEIGHT

10 oz

MEASURE

4 cups
1 box
$21 / 2$ cup

2 cup
3 1/2 cup
1 cup

## INSTRUCTIONS

CAKE

1. Pour water into bowl of mixer fitted with paddle attachment. Add mix.
2. Mix on medium speed for 2 minutes. Stop mixer; scrape bow and paddle.
3. Add puree and mix on low speed for 1 minute until fully incorporate.
4. Deposit 1 lb of better into each of 8 , parchment-lined, 8 " pans.
5. Allow cakes to cool in pans for 30 minutes, after baking, and then turn out onto cooling rack.

## BAKE

Convection Oven*
Standard Oven

## $300^{\circ} \mathrm{F} \quad 29-33$ minutes

 $350^{\circ} \mathrm{F} \quad 38-42$ minutes*DO NOT ROTATE PANS as disruption to the bake will cause the cakes to fall.

## PASSION FRUIT CREAM

1. Add cream to bowl of mixer fitted with a whisk attachment. Whisk unti stiff peaks form
2. Add puree to bowl and whisk until completely combined.
3. Add frosting to bowl and mix on low until mixture is fully combined and is smooth.
4. Refrigerate frosting for several hours while cake layers cool.

## Assembly

1. Place 1 completely cooled cake on platter.
2. Place 1 cup (approx 7 oz) Passion Fruit Cream on op of cake and spread evenly toward edge
3. Place a second cake on top of cream layer. Gently press down so cream is pushed to the edge and is visible.
4. Place 1 cup of cream on top of cake and spread evenly toward edge. Do not frost sides.

## NUTRITION INFORMATION

Nutrition values are calculated using the weights of ingredients
Serving Size: 1 slice Calories:410; Calories from Fat:150;

Total Fat:17g; Saturated Fat:9g; Trans Fat:Og Cholesterol: 25 mg
Sodium:510mg; Total Carbohydrate:60g; Dietary Fiber:4g; Sugars:3g; Protein:5g;
\% Daily Value*:
Vitamin A:10\%; Vitamin C:6\% Calcium:8\%; Iron:15\%;

## Exchanges:

11/2 Starch; O Fruit; 2 1/2 Other Carbohydrate; O Skim Milk; O Low-Fat Milk; O Milk; Vegetable; O Very Lean Meat; O Lean Meat; O High-Fat Meat; 3 Fat;
Carbohydrate Choices: 4 *Percent Daily Values are based on a 2,000 calorie diet

Cugagement Tips:

SPREAD THE LOVE IN YOUR DINING HALL THIS VALENTINE'S DAY WITH THESE SIMPLE STUDENT ENGAGEMENT TIPS

## Tep 1

Decorate desserts with seasonal heart-shaped Reese's Puffs ${ }^{\circledR}$

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Fill a jar with Reese's Puffs ${ }^{\circ}$ cereal and have students guess how many are in the jar

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Selfie time! Ask students to take selfies eating your Valentine's Day inspired recipes and post the photo on social media to win prizes.


