

SUNNY SIDE UP

your breakfast sandwich
Recipe Inspiration Guide





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BREAKFAST:
Let's make it together!

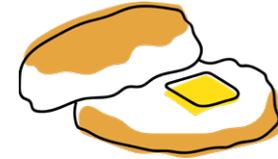
the breakfast sandwich PHENOMENON

Breakfast sandwiches have become best sellers: They're the top-growing items on menus¹ and the preferred breakfast item at QSRs—where consumers are increasingly going for breakfast throughout the week.² Now, **General Mills**, **Tyson Foodservice** and **Michael Foods** are partnering to make it easier than ever to add breakfast sandwiches to your own menu. Use this recipe guide for a little delish-spiration, grab the products you need in one easy place, and watch those breakfast sandwiches hurry out your door. It's a traffic-boosting, profit-building, no-brainer.



¹NPD GMI Commercial Topline - SON'17

²2017 Technomic Breakfast Consumer Trend Report



Pillsbury™ is America's No. 1 brand in foodservice unbaked biscuits* and a leader across baking. With more than 150 years of expertise, Pillsbury cuts out steps so bakers, operators and chefs can do what they do best—serve quality foods to delight consumers all day long.

*NPD SupplyTrack 12 months ending 4/18 \$ Vol



The Jimmy Dean® brand is America's No. 1 brand of breakfast sausage*, offering a full lineup of sausage links, patties and breakfast sandwiches that pack full flavor with premium ingredients. Jimmy Dean Brand has been a trusted customer favorite since 1969.

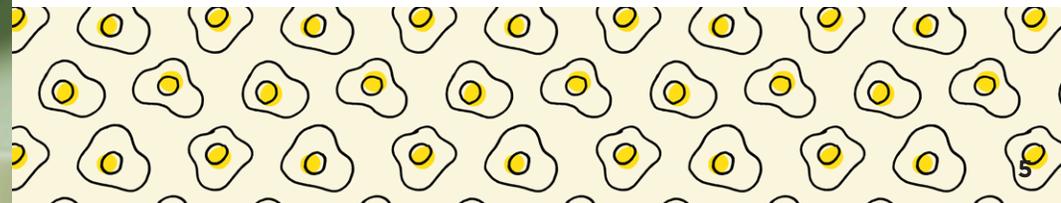
*IRI POS L52 WE 1/28/18



For years, the Tyson® brand has led the poultry industry in innovation, quality and trust. Dedicated to using high quality meats and ingredients, Tyson Foods offers the most complete line of poultry solutions—fresh, frozen, fast or ready—for every menu.



Papetti's® brings real eggs, delivering real egg taste with far less time and labor. Papetti's value-added eggs ensure exactly what every kitchen needs: quality, consistency, unsurpassed safety and performance.



CLASSIC SAUSAGE, EGG AND CHEESE *breakfast sandwich*

Your classic breakfast sandwich with four simple ingredients.
A Pillsbury™ Biscuit, Jimmy Dean® sausage patty,
Papetti's® egg and cheese.



INGREDIENTS

	WEIGHT	MEASURE
Pillsbury™ Southern Style Easy Split™ Frozen Biscuit Dough	3.17 oz	1 each
Papetti's® 3" Square Egg Patty	1.5 oz	1 each
Jimmy Dean® Fully Cooked, All Natural* Chicken Formed Sausage Patties	1.5 oz	1 each
American cheese slice	1 oz	1 each

Yield: 1 serving (1 sandwich)

INSTRUCTIONS

Prep

1. Thaw biscuit dough, covered, either at room temperature 15-30 minutes until flexible, or in the refrigerator overnight.
2. Bake as directed on package; keep warm for assembly.

Assembly

1. Heat egg patty, and place on bottom piece of warm biscuit.
2. Add warmed sausage patty, a slice of cheese and the top piece of biscuit; serve warm.

Chef's Tips

Swap traditional breakfast meats for smoked sausage, fried chicken or a chicken patty. They also pair well with an egg and cheese.

Before baking, top biscuits with spices, shredded cheese and/or vegetable slices for extra flavor and an exciting visual appearance.

NUTRITIONALS

1 Sandwich Calories 540 (Calories from Fat 290); Total Fat 32g (Saturated Fat 17g, Trans Fat 0g); Cholesterol 185mg; Sodium 1760mg; Total Carbohydrate 42g (Dietary Fiber 1g, Sugars 5g); Protein 22g. **% Daily Value:** Vitamin A 8%; Vitamin C 0%; Calcium 30%; Iron 8%. **Exchanges:** 2 Starch, 1 Other Carbohydrate, 1 1/2 Lean Meat, 1 High-Fat Meat, 3 1/2 Fat. **Carbohydrate Choices:** 3

*minimally processed, no artificial ingredients

INGREDIENTS

WEIGHT

MEASURE

Papetti's® Home-Style Fried Egg Patty with Cracked Black Pepper, Heated	1.5 oz	1 each
Pillsbury™ Golden Buttermilk Easy Split™ Frozen Baked Biscuit	2.25 oz	1 each
Tyson® Fully Cooked, Southern Breaded Right Size® Chicken Filets	2.25 oz	1 each
Honey	-	2 Tbsp
Unsalted butter	-	1 Tbsp
Cheddar cheese slice	1 oz	1 each

Yield: 1 serving (1 sandwich)

INSTRUCTIONS

Prep

1. Heat biscuit as directed on package; keep warm for assembly.

Assembly

1. Combine honey and butter in a small saucepan over medium heat; whisk until butter is melted then remove from heat.
2. Divide biscuit in half and place bottom piece on sheet pan; add heated egg patty.
3. Glaze warmed chicken breast with honey butter and place on top of egg, followed by cheese.
4. Heat in 350°F until cheese is melted; add top biscuit piece and serve immediately.

Chef's Tips

Try using pepper jack cheese in place of cheddar to give your breakfast sandwich a spicier twist.

Want to round out the meal? Serve with a bean and corn salad.

FRIED EGG BISCUIT *sandwich*

A Southern-style fried chicken breast topped with a home-style fried egg and cheese, sandwiched in a hearty biscuit.



NUTRITIONALS

1 Sandwich Calories 880 (Calories from Fat 400); Total Fat 45g (Saturated Fat 21g, Trans Fat 0.5g); Cholesterol 220mg; Sodium 1870mg; Total Carbohydrate 89g (Dietary Fiber 1g, Sugars 40g); Protein 29g. **% Daily Value:** Vitamin A 15%; Vitamin C 0%; Calcium 25%; Iron 10%. **Exchanges:** 3 Starch, 3 Other Carbohydrate, 2 Lean Meat, 1 High-Fat Meat, 6 Fat. **Carbohydrate Choices:** 6

SOUTHWESTERN BISCUIT

breakfast sandwich

A tasty and easy sandwich. Just split warmed biscuits, and top with a fiery egg mixture and pepper jack cheese.



INGREDIENTS

	WEIGHT	MEASURE
Pillsbury™ Golden Buttermilk Easy Split™ Frozen Baked Biscuit	2.25 oz	1 each
Jimmy Dean® Fully Cooked, Pork Chorizo Sausage Patties	1.5 oz	2 each
Papetti's® 3.5" Round Scrambled Egg Patty	1.2 oz	2 each
Red pepper sauce	-	a dash
Pepper jack cheese, shredded	0.5 oz	1/8 cup

Yield: 1 serving = 2 pieces

INSTRUCTIONS

Prep

1. Thaw and heat biscuits as directed on package; keep warm until needed.

Assembly

1. Split warm biscuit and use one half piece per serving; layer on an egg and a sausage patty.
2. Top with cheese and red pepper sauce; serve.

Chef's Tips

Freshen it up with sliced avocado!

Serve the red pepper sauce on the side, or serve with optional hot sauce for customers who like an extra kick.

NUTRITIONALS

2 Pieces Calories 430 (Calories from Fat 280); Total Fat 31g (Saturated Fat 11g, Trans Fat 0g); Cholesterol 130mg; Sodium 940mg; Total Carbohydrate 25g (Dietary Fiber 1g, Sugars 3g); Protein 13g. **% Daily Value:** Vitamin A 6%; Vitamin C 0%; Calcium 6%; Iron 2%. **Exchanges:** 1 Starch, 1/2 Other Carbohydrate, 1/2 Lean Meat, 1 High-Fat Meat, 4 Fat. **Carbohydrate Choices:** 1.5

INGREDIENTS

	WEIGHT	MEASURE
Pillsbury™ Frozen Biscuit Dough Reduced Sodium Southern Style	2.2 oz	1 each
Jimmy Dean® Fully Cooked, All Natural* Lower Sodium Formed Pork Sausage Patties 3.25"	1.5 oz	1 each
Papetti's® 3.5" Puffed Egg White Patty	1.3 oz	1 each
Swiss cheese slice	0.5 oz	1 each

Yield: 1 serving (1 sandwich)

INSTRUCTIONS

Prep

1. Thaw biscuit dough, covered, either at room temperature for 15-30 minutes until flexible, or in the refrigerator overnight.
2. Bake as directed on package; keep warm for assembly.

Assembly

1. Place warmed sausage patty on bottom piece of a warm biscuit.
2. Add warmed egg patty, a slice of cheese and the top piece of biscuit; serve warm.

Chef's Tip

Keep it light with a side of fruit—fresh grapes or a glass of orange juice are perfect!

NUTRITIONALS

1 Sandwich Calories 410 (Calories from Fat 240); Total Fat 26g (Saturated Fat 12g, Trans Fat 0g); Cholesterol 40mg; Sodium 740mg; Total Carbohydrate 26g (Dietary Fiber 0g, Sugars 3g); Protein 17g. **% Daily Value:** Vitamin A 2%; Vitamin C 0%; Calcium 35%; Iron 8%. **Exchanges:** 1 1/2 Starch, 2 High-Fat Meat, 2 Fat. **Carbohydrate Choices:** 2

*minimally processed, no artificial ingredients

SAUSAGE, EGG WHITE AND CHEESE BISCUIT *sandwich*

Lighten up breakfast with a toasty, reduced-sodium biscuit, lower-sodium breakfast sausage and egg white patty. So good they won't taste the difference!



HOT CHICKEN BISCUIT *sandwich*

Three simple ingredients are all you need to bring trendy “Nashville Hot” to your menu!



INGREDIENTS

Pillsbury™ Baked Biscuit Easy Split™ Southern Style

WEIGHT

3.4 oz

MEASURE

1 each

Tyson® Fully Cooked, Nashville Hot Breaded Right Size® Chicken Filets

2.5 oz

1 each

Dill pickle slices, drained

1 oz

4 each

Yield: 1 serving (1 sandwich)

INSTRUCTIONS

1. Split warmed biscuit in half.
2. Place warmed prepared chicken filet on bottom piece of biscuit.
3. Add pickle slices and the top piece of biscuit; serve warm.

Chef's Tip

This is flexible to stand alone for breakfast, or to pair with a side for lunch—try a zesty slaw!

NUTRITIONALS

1 Sandwich Calories 580 (Calories from Fat 290); Total Fat 32g (Saturated Fat 14g, Trans Fat 0g); Cholesterol 30mg; Sodium 1710mg; Total Carbohydrate 55g (Dietary Fiber 2g, Sugars 4g); Protein 17g. **% Daily Value:** Vitamin A 8%; Vitamin C 0%; Calcium 6%; Iron 15%. **Exchanges:** 2 Starch, 1 1/2 Other Carbohydrate, 1 1/2 Lean Meat, 5 1/2 Fat. **Carbohydrate Choices:** 3.5

INGREDIENTS

	WEIGHT	MEASURE
Pillsbury™ Frozen Biscuit Dough Easy Split™ Southern Style	3.17 oz	1 each
Hillshire Farm® Fully Cooked, Chicken & Apple Split Smoked Sausage Links, No MSG, 6"	-	1 each
Papetti's® 3" Square Egg Patty	1.5 oz	1 each
Arugula, fresh	1 oz	1/3 cup

Yield: 1 serving (1 sandwich)

INSTRUCTIONS

Prep

1. Thaw biscuit dough, covered, either at room temperature for 15-30 minutes until flexible, or in the refrigerator overnight.
2. Bake as directed on package; keep warm for assembly.

Assembly

1. Place warmed split sausage link on bottom piece of a warm biscuit.
2. Add warmed egg patty, fresh arugula and the top piece of biscuit; serve warm.

Chef's Tip

Press the sandwich with a panini press or press the biscuit dough with a waffle maker for a fun take on the biscuit carrier!

NUTRITIONALS

1 Sandwich Calories 510 (Calories from Fat 230); Total Fat 25g (Saturated Fat 12g, Trans Fat 0g); Cholesterol 165mg; Sodium 1680mg; Total Carbohydrate 49g (Dietary Fiber 1g, Sugars 7g); Protein 20g. **% Daily Value:** Vitamin A 15%; Vitamin C 4%; Calcium 6%; Iron 10%. **Exchanges:** 2 Starch, 1 1/2 Other Carbohydrate, 1/2 Lean Meat, 1 1/2 Medium-Fat Meat, 3 Fat. **Carbohydrate Choices:** 3

CHICKEN AND APPLE SAUSAGE *breakfast sandwich*

Sweet and savory done right. Pair split chicken and apple sausage with a biscuit, egg patty and peppery arugula for a match made in heaven.



Recommended BREAKFAST SANDWICH PRODUCTS

Use this guide as your one-stop shop for all of your breakfast sandwich needs. Contact your foodservice distributor or manufacturer sales representative to order.



MANUFACTURER	BRAND	DESCRIPTION	MANU CODE	CASE PACK
Biscuits - Baked				
General Mills	Pillsbury™	Baked Biscuit Easy Split™ Golden Buttermilk, 2.25 oz	106236000	120/2.25 oz
General Mills	Pillsbury™	Baked Biscuit Easy Split™ Golden Buttermilk, 2.85 oz	106237000	75/2.85 oz
General Mills	Pillsbury™	Baked Biscuit Golden Buttermilk, 2.25 oz	106235000	120/2.25 oz
General Mills	Pillsbury™	Baked Biscuit Easy Split™ Southern Style, 3.4 oz	132499000	60/3.4 oz
Biscuits - Unbaked				
General Mills	Pillsbury™	Frozen Biscuit Dough Easy Split™ Southern Style, 3.17 oz	106249000	168/3.17 oz
General Mills	Pillsbury™	Frozen Biscuit Dough Reduced Sodium Southern Style, 2.2 oz	131151000	216/2.2 oz
General Mills	Pillsbury™	Frozen Biscuit Dough Easy Split™ Southern Style, 2.2 oz	106346000	216/2.2 oz
General Mills	Pillsbury™	Frozen Biscuit Dough Easy Split™ Southern Style Large, 4.5 oz	110833000	120/4.5 oz
Eggs				
Michael Foods	Papetti's®	3.5" Round Scrambled Egg Patty	46025-30002	240/1.2 oz
Michael Foods	Papetti's®	3.5" Round Puffed Scrambled Egg Patty	46025-85841	144/1.75 oz
Michael Foods	Papetti's®	4" Round Scrambled Egg Patty	46025-30004	100/2 oz
Michael Foods	Papetti's®	4.5" Round Scrambled Egg Patty	46025-70040	160/2 oz
Michael Foods	Papetti's®	3.5" Round Puffed Egg White Patty	46025-86526	153/1.3 oz
Michael Foods	Papetti's®	3" Square Egg Patty	46025-70004	120/1.5 oz
Michael Foods	Papetti's®	Home-Style Fried Egg Patty	46025-70407	168/1.5 oz
Michael Foods	Papetti's®	3.5" Round Garden Vegetable Egg White Patty	46025-70601	160/1.5 oz
Sausage				
Tyson Foodservice	Jimmy Dean®	Fully Cooked, All Natural* Chicken Formed Sausage Patties 2.5", 1.5 oz	12895/10000012895	2/5 lb.
Tyson Foodservice	Jimmy Dean®	Fully Cooked, Reduced Fat Turkey Formed Sausage Patties Original No MSG CN 2.25", 1.25 oz	15938/10000015938	1/10 lb.
Tyson Foodservice	Jimmy Dean®	Fully Cooked, All Natural* Lower Sodium Formed Pork Sausage Patties 3.25", 1.5 oz	28504/10000028504	2/5 lb.
Tyson Foodservice	Jimmy Dean®	Fully Cooked, Pork Chorizo Sausage Patties, 1.5 oz	13698/10000013698	1/10 lb.
Chicken				
Tyson Foodservice	Tyson®	Fully Cooked, Nashville Hot Breaded Right Size® Chicken Filets, 2.5 oz	36582-928/ 10365820928	2/5 lb.
Tyson Foodservice	Tyson®	Fully Cooked, Waffle Breaded Right Size® Chicken Filets, 2.3 oz	028486-0928/ 10284860928	2/5 lb.
Tyson Foodservice	Tyson®	Fully Cooked, Southern Breaded Right Size® Chicken Filets, 2.25 oz	013358-0928/ 10133580928	2/5 lb.
Tyson Foodservice	Tyson Red Label®	NAE Fully Cooked, Select Cut, Golden Crispy Tenders, 2 oz	038364-0928/ 10383640928	2/5 lb.
Tyson Foodservice	Hillshire Farm®	Fully Cooked, Chicken & Apple Split Smoked Sausage Links, No MSG, 5:1, 6"	15259/ 10000015259	2/6 lb.

*minimally processed, no artificial ingredients



Visit www.generalmillscf.com
for more recipe ideas

Visit www.tysonfoodservice.com
for additional product information

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