## out of the the art of baking

## O V E N

CONTENTS




## Making made easy. So you can go beyond the expected.



Creation is at the heart of the human experience. And when we build upon each others' experiences, we never have to start from scratch.

At Pillsbury"', we combine our 150 years of expertise with the fresh thinking of our community to inspire more making. And together we will make the making easier.

We cut out steps so bakers, operators and chefs can do what they do best. After all, when people can focus on what brings them joy-from craft to hospitality-they can channel their drive and creativity to go beyond the expected.

 fresh-baked favorites like muffins or cinnamon rolls that your customers count on, but it's equally important to find ways to continually surprise and delight them with something new or unexpected," said Jessie Kordosky, Corporate Chef, who keeps watch on culinary trends for General Mills Convenience \& Foodservice.

While trends can change quickly, Jessie shares four of the biggest developments that she is tracking in the world of baking-meaning growth potential for foodservice operations: ground customers in the familiar so they accept the new idea, then add a global twist to make it more approachable."

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chef Jessie
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Taking advantage of baking trends can set your operation apart, giving you the chance to experiment with innovation and create memorable baked goods with reliable ingredients. Consumers love fresh-baked goods. Nothing signals quality and great taste quite like baked items made fresh on-site. But it's also important for foodservice operations to stay "fresh" to meet the changing tastes and preferences of today's consumers.

MINI INDULGENCES ARE A BIG SUCCESS

Mini or individual-sized baked goods can mean big business! As consumers seek out portable foods they can eat on-the-go, smaller baked items like mini cinnamon rolls, bagels or muffins fit the bill.

According to Technomic, half of consumers prefer baked goods
and desserts in individual portions versus medium or large portions.

Bite-sized, "poppable" baked goods offer a mini or personal indulgence to satisfy consumers looking for a "me" moment or something special They may be more likely to treat themselves to a smaller-size treat or prefer an individual-sized portion over a larger one they may feel compelled to share.

Jessie notes that micro-minis, which are even smaller, are also trending.

## MASH-UPS BRING GREAT

 FLAVORS TOGETHEREveryone remembers the "cronut" craze and how an unexpected twist on a familiar bakery item can pique consumer interest and evoke that "gotta try it" mentality. Jessie reports that menu mash-ups with baked goods and unique flavor combinations continue to trend and provide a great canvas to showcase your creativity. Some ideas:


- Use leftover baked goods such as cupcakes, cookies or cake to make a "crazy" or "monster" milkshake; make pancake

sundaes or cinnamon roll or donut grilled cheese sandwiches.
- Stack cinnamon rolls and drizzle with icing to make for a non-traditional wedding cake.
- Try fun flavor hybrids such as spirit-infused baked goods like Mimosa or Moscow Mule Muffins, Rumchata Cream or Raspberry Rose Cupcakes, a
"Taking something nostalgic and reimagining it is always a great approach on menus.'


## CHEF JESSIE

dark chocolate cake with red wine glaze or Blood Orange Margarita Bundt Cake.

- Botanical flavors such as rose (rose water and dried rose petals), rosemary, hibiscus, lavender, or even spruce tips, can be a great way to elevate baked goods.


## CREATE A MEMORABLE

 EXPERIENCEThe Instagram effect cannot be ignored with millions of food-related hashtags in 2018. In response, more restaurants and bakeries are creating food that is truly out of
the ordinary, creating experiences and baked goods that are both delicious and visually stunning. Can you tell a story or create something memorable with your dessert menu? Can you encourage your consumers to get involved? For example, consider cooking up:

- Desserts that diners can crack open or pop to discover what's inside, such as a rush of candy spilling out.
- Baked goods that stand out in the bakery case: Bright, bold colors or using activated charcoal for a dramatic (and unexpected) appearance, or using bold fruits and vegetables for naturally vibrant colors such as beet powder, ground hibiscus and concord grapes. Sprinkles are also a fun way to add vibrant color, as well as additional texture and visual interest.
- A make-your-own sundae bar with some colorful and unusual toppings-add some cereal, chips, popcorn, espresso beans and peanut butter to the typical sprinkles, nuts, fruit and chocolate sauce assortment
- Don't be afraid to go a little "over the top" with eye-catching toppings and attractive grab-and-go packaging for consumers on-the-go.

EXOTIC FLAVORS ADD UP TO SATISFACTION AND BUZZ
Customers appreciate innovation in flavors, especially when it tastes great! According to Datassential's 2019 Dessert's Sweet Spot Keynote Report, two in five consumers are interested in more globally-inspired flavors when it comes to desserts, which certainly translates into baked goods like cookies, cakes and brownies.

Trends in exotic flavors are more fun (and flavorful!) than ever, such as:

- Black sesame butter for a moody vibe in cookies and bars or a beautiful marbling effect in donuts-the flavor has impact and the look is striking.
- Savory variations of traditional sweets, such as goat cheese and caramelized onions in scones, purple sweet potato cheesecake or lasagnastyle crepes.
- Taste the globe with trends such as exotic citrus flavors (yuzu, kumquats, pomelos and Meyer lemons) as well as spicy flavors, including cardamom, ginger, Chinese five spice and habanero.


## Bakery Staples to Menu Now



He adds that operators should aim to fill out the rest of their bakery case with a selection of eye-catching offerings and signature items that will appeal to different tastes and meet consumer demand for variety:

- Croissants: plain, chocolate
- Brownies
- Cheese Danish
- Cinnamon rolls
- Bagels: plain, everything varieties
- Scones: blueberry, white chocolate raspberry
- Loaf bread: banana nut, chocolate
"It's important to offer a mix of these most popular, staple baked goods plus variety and signature items in order to satisfy patrons and maximize profit potential," said Beazley. "Today's consumers have come to expect fresh-baked goods, particularly at breakfast."

For operations challenged with little kitchen space or lack of labor, thankfully there are a number of readymade and freezer-to-oven products available today that you can bake in-house to stock your bakery case or feature on your menu.

Joel Johnson of Rusty Bike Café in Clayton, Georgia, estimates , restaurant. He relies on products like Pillsbury ${ }^{\text {TM }}$ Biscuits to "There is no way we could make a better or cheaper biscuit from scratch," said Joel.

Three Cats Cafe in Clawson, Michigan, uses high-quality freezer-to-oven products to fill out their menus since they equire less labor. "These products help us keep our bakery truly make our own," said owner Mary Liz Curtin.

$\square \quad$ isresh-baked goods are a proven way to draw in customers and build your check average. The key is to menu a variety of
items to meet the tastes your customers crave

Jordan Beazley with General Mills Foodservice's Consumer Insights team suggests that operators offer the following three "must-haves" on their menus, which are the most popular items among consumers:

- Biscuit breakfast sandwiches
- Muffins: blueberry,
chocolate chip
- Cookies: chocolate chip



Jordan Beazley

MAKE YOUR MARK: MERCHANDISING TIPS If you are rolling out delicious baked items on a daily basis, aroma is one surefire way to lure in customers. However, it is also important to get credi for items you are baking fresh on-site as consumers equate "fresh-baked" to quality and great taste.
"Consumers eat with their eyes and need to see what you have to offer." JORDAN BEAZLEY
"We recommend that foodservice operations place fresh-baked goods in a prominent location and use signage to showcase that the items are "baked fresh here,'" said Beazley

- Don't have a fancy display case? Purchase a small display (example below) to place near your cash register.
- Use signage (posters, table tents) or make a callout on your menu that items are "freshbaked" or "baked fresh on-site."
- Baked goods like scones, muffins, cinnamon rolls or biscuits are great options to package individually for on-thego eating.
- Use transparent or "earthy" packaging to convey freshness.
- Label fresh-baked items so consumers know they are fresh.
- Gift boxes and gift bags are also great ways to invite incremental revenue, encouraging customers to share a treat with others.

Get creative and leverage holidays like Valentine's Day and Mother's Day to feature fun, festive packaging (ribbon or baker's twine, small tags/cards) that makes it easy for people looking for a last-minute gift.


FLAVOR OF THE MONTH



## The Most Popular Biscuits by State



| LA | King Cake Bread Pudding |
| :--- | :--- |
| ME | Mozzarella Stuffed Pretzel Bites |
| MD | Cheddar Bay Chicken Biscuit Bake |
| MA | Cheesy Buffalo Chicken Bombs |
| MI | Chicken a la King |
| MN | Caramel Pull Apart Biscuits |
| MS | Biscuit Bread Pudding |
| MO | Chili Cheese Dog Strata |
| MT | Deep Dish Pizza |
| NE | Cheesy Steak and Potato Casserole |
| NV | Spicy Beef Empanadas |
| NH | Pumpkin Donuts |
| NJ | Italian Empanadas |
| NM | Jalapeño Poopper Biscuit Bomb |
| NY | Chicken Pot Pie |
| NC | BBQ Biscuit Cups |
| ND | Biscuit Grilled Cheese |


| OH | Pepperoni Pizza Bombs |
| :--- | :--- |
| OK | Pumpkin Spice Pull Apart Bread |
| OR | Corn Dogs |
| PA | Vanilla Cream Filled Donuts |
| RI | Spinach and Feta Bites |
| SC | Pecan Pie Bake |
| SD | Biscuit Cheeseburger Casserole |
| TN | Chicken and Dumplings |
| TX | Chicken and Dumplings |
| UT | Pizza Waffles |
| VT | Chicken and Biscuits Casserole |
| VA | Country Ham Biscuits |
| WA | Eggs Benedict Biscuit Cups |
| WV | Bacon Broccoli Cheese Biscuit Bake |
| WI | Ham and Cheese Omelet Bake |
| WY | Denver Omelet Stuffed Biscuits |

$\checkmark$ Use fresh, quality ingredients (be sure to check the date on the baking powder)
$\checkmark$ Handle dough gently and minimally
$\checkmark$ Cut biscuits with a sharp cutter;
no twisting

## Biscuits 101

"There is nothing better than a hot biscuit right out of the oven. The golden brown tender flakiness of love is like a little slice of heaven in your mouth."

CHEF TED OSORIO

Dual texture:
crisp exterior with a soft interior

Light and fluffy or tender and flaky

## HOW TO MAKE GREAT BISCUITS

## tips When making

 BISCUITS FROM SCRATCH
## Ingredients

- Start with very cold fats (usually butter or shortening or a mix or both). The use of chilled
ingredients minimizes the gluten development. If your fats are too warm, the lumps will melt and form a homogeneous dough, resulting in dense biscuits. Some bakers will chill the flour, bowl and other utensils used to prepare the dough.


The fat can be cubed or grated (Side note: grated is my preferred method and it's faster too. Grate frozen butter with the large holes of a box grater. The ice-cold shreds of butter incorporate into the flour more evenly, improving the dough's flavor and texture.
This makes it easier to distribute the fat when mixing).

## Mixing

- Mix the fat and flour sufficiently, but not too much. Shortening makes for flakier biscuits than butter, but butter gives a better flavor. Fat, when "cut-in," contributes to the tenderness and
flakiness of pastry. It can also be rubbed into the flour as pea-sized shapes before the final dough is made.
- Pour your liquid (milk, cream, buttermilk or half and half) and mix with dry ingredients gently until moistened to prevent the gluten development.

Rolling $\mathcal{E}$ Cutting

- Place on lightly floured surface and roll into a square approximately $1 / 2$-inch thick.
- Use a sharp cutter and cut straight down. DO NOT TWIST. Twisting the cutter "seals" the edges, which keeps your biscuits from rising high.

Baking

- Place biscuits on a lined sheet pan with the sides touching. As they bake, they will cling to each other, rising bigger and taller.
- Bake at a high temperature. This will help the biscuits bake high and quickly.
- Biscuits are done when they are an even, golden brown color.

Finisbing.

- Biscuits can be brushed with melted butter to finish. This also adds to the shelf life.



## Cinnamon Rolls 101

"The smell of fresh-baked cinnamon rolls is intoxicating and lures you (and your customers) in. Golden brown, warm with a gooey center and icing dripping down the edges - that's perfection."
CHEF TED OSORIO

$\checkmark$ Brush finished rolls immediately out of the oven with simple syrup or apricot glaze to seal in moisture and create a glossy shine and extend shelf life.
$\checkmark$ Adding fruit conveys freshness and
$\checkmark$ Have fun with icing flavors such as maple icing with bacon crumbles.
$\checkmark$ Spread or drizzle cream cheese icing over while rolls are still warm, so the frosting partially melts and seeps into the nooks of the cinnamon filling.

## MAKING CINNAMON ROLLS

 FROM SCRATCHDespite a list of simple ingredients, cinnamon rolls take careful preparation for the best results.

## Ingredients

- Weigh ingredients using a scale as it's far more accurate than using a cup measure.
- Don't let liquid get too hot $\left(105-115^{\circ} \mathrm{F}\right.$ is ideal temp). Over $120^{\circ} \mathrm{F}$ will kill the yeast and reduce volume.
- Keep butter soft in order to blend well.
- Eggs should be room temperature.
- Traditional cinnamon filling, or schmear, is butter swiped across rolled-out dough with a blend of cinnamon, sugar, brown sugar and salt sprinkled on top.


You can vary the amount of cinnamon, from as little as a teaspoon to as much as a tablespoon.

The Dough

- Work with a cold dough.
- Making the dough a day in advance and letting it rise slowly in the cooler makes the dough easier to roll into a neat cylinder and slice cleanly.
- When kneading by hand, limit flour to achieve "tacky" dough. Too much flour will dry out the dough, too little flour will result in sticky dough.
- Dough should double in size before you roll it out.


## REPURPOSING IDEAS

- Utilize leftover cinnamon rolls to create a cinnamon roll bread pudding or cut crosswise for French toast cinnamon rolls.
- Add ham and cheese or ham, egg and cheese to create sandwiches.


## Muffins 101

"With so many savory or sweet options, muffins are one of the most versatile baked goods. There are endless varieties of muffins, plus the batter can be used for multiple uses such as crowns, loaves or coffee cake."

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Chef ted OSORIO
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## TIPS FOR BETTER MUFFINS

- When scooping batter, level it off for consistent results.
- Don't over-grease the pan, as it can cause the batter to bubble up and fry, which will affect the crown of the muffin (sombrero instead of crowns).
- Don't over-mix batter or you'll risk losing volume, resulting in a denser muffin.
- Also, when adding particulates, only mix ingredients until combined. Don't overdo it
- If adding fruit, toss it with a little flour so it doesn't sink to the bottom. (This helps with suspension of berries; otherwise the acid can break down.)
- When baking follow directions for temperatures, but know your oven to ensure consistent even baking.


## REPURPOSING IDEAS

- Take two muffin tops and add cream cheese frosting inside for a dessert item.
- Use larger, savory muffin tops for sandwiches; smaller muffin tops for sliders
- Use muffin batter to create a loaf of bread.


## FINISHING TECHNIQUES

$\checkmark$ Garnish baked muffins to convey freshness and "homemade here" appeal.
$\checkmark$ Sprinkle coarse sugar on muffins before baking or dust with powdered sugar after cooled.
$\checkmark$ Consider a drizzle of chocolate or vanilla icing after muffins have cooled.
$\checkmark$ Before baking, sprinkle on streusel, granola or particulates such as nuts, berries or chocolate chips.

MUFFIN VARIETY
Blueberry

Chocolate-Chocolate Chip

Apple Cinnamon

CLASSIC TOPPING
Streusel baked on top
Coarse sugar baked on top

Apple slices baked on top

TRENDY TOPPING
Cardamom icing with granola
Chocolate icing with mini marshmallows and graham cracker crumbs

Cinnamon oat streusel with salted caramel drizzle

## Scones 101

"It's hard to resist a great scone, one with a crispy crust and soft, moist center and that rich, buttery flavor."
bill weekley


## FINISHING TECHNIQUES

## TIPS FOR BETTER SCONES

- Prior to baking, wet a paper towel and moisten the unbaked scones just enough to apply toppings such as granulated sugar or sprinkles.
- Bake in the middle rack of oven If needed, use a second sheet on the bottom of the pan from the heat source so bottoms don't burn.
- Look for crisp corners and even light brown tops before testing the top for light spring back when touched.
- Allow scones to fully cool on sheet pan to finish baking.
- Heat scones at point of sale to create fresh-baked aroma.


## REPURPOSING IDEAS

- Make miniature scones.
- Scones can be cut or shaped, e.g., make a Scone Bear Claw.

$\checkmark$ Garnish baked scones to convey freshness and "made here" appeal.
$\checkmark$ Sprinkle scones with coarse sugar before baking for greater texture contrast.
$\checkmark$ Consider a drizzle of icing after scones have cooled.
$\checkmark$ Dip scones into bowl of icing for a more dramatic effect.
scone variety


## Blueberry

White Chunk Raspberry

CLASSIC TOPPING
Vanilla icing with lemon zest
Almond icing with sliced almonds

Chocolate icing with shaved chocolate

TRENDY TOPPING
Lemon lavender icing
Vanilla icing with lime zest and chopped macadamia nuts

## bake it

## FORWARD

Every recipe has a chance to tell a story. At Pillsbury ${ }^{\text {™ }}$, we're committed to helping you write your own. With our experience, expertise and unrivaled selection of baked goods, we're here to help lead the way into a bold new future of baking.


